Our Lady of Pochaev Orthodox Church • 7816 Mud St., Grassie ON L0R 1M0

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 19 Oct. • *Prophet Joel* • *Holy Martyr Varus* • *St. John of Rila* • *St. John of Kronstradt* S	**2** 20 Oct. • *Great Martyr Artemius* • *St. Gabriel of Samtavro*	**3** 21 Oct. • *St. Hilarion the Great* • *St. Hilarion of Meglina*	**4** 22 Oct. • *St. Abercius of Hieropolis* • *Kazan Icon of the Mother of God*	**5** 23 Oct. • *St. James, Brother of the Lord*	**6** 24 Oct. • *Martyr Arethas & company* • *'Joy of All Who Sorrow' Icon* V	**7** 25 Oct. *St. Demetrius Saturday* • *Martyrs Marcian & Martyrus* ‡ V
8 26 Oct. • *Great-martyr Demetrius* • *Earthquake in Constantinople* S	**9** 27 Oct. • *Martyr Nestor of Thessalonica*	**10** 28 Oct. • *Great-martyr Paraskeva of Iconium* • *St. Demetri of Rostov* • *St. Job of Pochaev*	**11** 29 Oct. • *Virgin-martyr Anastasia of Rome*	**12** 30 Oct. • *Martyrs Zenobius & Zenibia*	**13** 31 Oct. • *Apostle Stachys & company*	**14** 1 Nov. • *Holy Unmercenaries Cosmas & Damian* V
15 2 Nov. • *Martyr Acindyrus & company* S	**16** 3 Nov. • *Martyrs Acepsimas & company* • *Great-martyr George*	**17** 4 Nov. • *St. Joannicius the Great* • *Hieromartyr Nicander & company*	**18** 5 Nov. • *Martyrs Galaction & Epistimia* • *St. Jonah of Novgorod*	**19** 6 Nov. • *St. Paul of Constantinople* • *St. Varlaam of Khutyn*	**20** 7 Nov. • *33 Martyrs of Melitene* • *St. Lazarus of Galesion*	**21** 8 Nov. • *Archangel Michael & All the Bodiless Powers* V
22 9 Nov. • *St. Onesiphorus & company* • *St. Nectarius of Pentapolis* S	**23** 10 Nov. • *Apostle Erastus & company*	**24** 11 Nov. • *Great-martyr Menas of Egypt* • *St. Theodore of Studion*	**25** 12 Nov. • *St. John the Merciful* • *St. Nilus the Faster of Sinai*	**26** 13 Nov. • *St. John Chrysostom*	**27** 14 Nov. • *Apostle Philip* • *St. Gregory Palamas*	**28** 15 Nov. **Start of Nativity Fast** • *Martyrs Gurias, Samonas & Abibus* • *St. Paisus (Velichkovsky)* V
29 16 Nov. • *Apostle & Evangelist Matthew* S	**30** 17 Nov. • *St. Gregory of Neo-Caesarea*					

The morning and evening prayers are not, on their own, sufficient They are like stretches in gymnastics, warm-ups, which help to develop our capacity to breathe more deeply and stretch our muscles, but they do not give us breath for the rest of the day.

‡ Elder Sergei of Vanves

V ‡ Evening Service: **6pm** Vigil (Vespers & Matins) and 1st Hour

S ‡ Sunday Service: **9-945am** Communion Prayers, 3rd & 6th Hours, **10am** Divine Liturgy

‡ **12:30pm** Catechism Class

‡ Soul Saturday: **9-945am** Communion Prayers, 3rd & 6th Hours, **10am** Divine Liturgy